

短報

タグラグビーとは Review of Tag Rugby

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Abstract

Tag rugby is a non-contact and safe game which replaces full contact rugby. It is suitable for children, and for both boys and girls to play together. All players wear two tags on either side of their waist on a belt. If a player's tag is detached by an opposing player, the tagged player must then stop running with the ball, namely, tag rugby which replaces tackle with the removal of a tag attached by the player. It allows participants to focus on the basic core skills for handling and running. Therefore, it is widely used in primary schools and by Under-10 year old grade at rugby clubs as the introduction to full rugby in England, Wales, Australia and South Africa.

The ministry of Education, Culture, Sports, Science and Technology in Japan revised government guidelines for teaching at elementary school. Tag rugby is introduced into physical education of elementary school, which expects students make progress in their motor ability when they play tag rugby.

However, a few problems need to be considered when teaching tag rugby at elementary school. Firstly, many teachers have not yet been familiar to tag rugby. Secondly, it is very difficult to teach that the rugby ball must always be passed behind or laterally to another player. Lastly, refereeing is very difficult due to complicated rules.

キーワード タグラグビー, 歴史, 試合
Tag rugby, history, game

1. はじめに

近年、子どもの体力低下や肥満傾向、学校現場において転倒に伴う骨折などの怪我の割合の増加が報告されており、身体のバランスを上手に調整できない子どもが増加している(中村, 2004)。神経系の発達はきわめて早い時期にみられるため、幼少期に様々な運動動作を行うこ

とは健全な成長を促進するために必要不可欠である(宮下, 2009)にも拘わらず、我が国の学校教育現場では学力低下に伴う主力教科の授業時間の増加は取り組まれたものの、体育の授業時間を増加する試みはなされなかった。しかしながら、文部科学省は2008年3月に小・中学校の学習指導要領および幼稚園教育要領を改訂

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