実践報告

総合型地域スポーツクラブ育成の問題点と課題に関する研究 ーコミュニティワークからクラブ育成を阻害する要因と課題に着目してー

The study on problems and issues of developing comprehensive Community sports clubs – Focusing on causes and issues of blocking the development of the clubs from community works –

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Abstract

The purpose of this study is to examine causes of comprehensive community sports clubs development being blocked and plans to improve the situation. Records showing the use of community works to organize local residents in regions where comprehensive clubs have not been established were analyzed to show these causes and improvements. The results are summarized as follows.

- 1. We concluded that difficulties in adjustments with established groups, continued funding of the clubs, finding leaders willing to push the projects, setting adequate attendance fees, and the cooperation of school teachers may be factors obstructive to comprehensive community sports clubs being developed. In addition, people currently involved in sports clubs are concerned that existing activities might become inactive because the number of children participating is decreasing.
- 2. The followings are actions which we think would be effective in solving various problems concerning the development of clubs. ① Helping local residents to understand that burdens needed to develop the clubs are minimal. ② Emphasizing that developing the clubs would make a great contribution, particularly to children who are not interested in sports activities. ③ Carrying out comparatively small projects in the early stage as introductory projects.
- 3. We came to the conclusion that the development of comprehensive clubs is very important. They are needed to promote sports which contribute to the improvement of children's welfare and to the happiness of local residents.
- キーワード 子どもの体力 運動・スポーツ コミュニティワーク 総合型地域スポーツクラブ physical strength of children, exercise and sports, community work, comprehensive community sports club

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