

原著論文

小中学生を対象としたキャンプ活動が生きる力に及ぼす影響
－性別、学校段階、キャンプ満足度に着目して－

The Effect of the Camping on IKIRU CHIKARA (Zest for Living)
－ Focusing on Gender, School Stage and Satisfaction －

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Abstract

The purpose of this study was to examine the change in IKIRU CHIKARA (Zest for Living) among young teenagers who participated in camping. This study focused on gender, school stage and camp satisfaction. Ages of the participants are between 10 and 14. The IKIRU CHIKARA questionnaire developed by Tachibana et al. (2001) was administered 2 times, before and after the camp. Statistical analysis was performed using t-test and two-way ANOVA.

- 1) IKIRU CHIKARA of all the participants showed significant change ($p < .001$)
 - 2) No significant difference in a change in IKIRU CHIKARA was observed between genders
 - 3) Primary school pupils showed more change in "friendship" than junior high school students
 - 4) Camp satisfaction High scorers showed more change in "psychological and social ability, moral ability and physical ability than Low scorers
- ※ IKIRU CHIKARA (Zest for Living) was constituted of psychological and social ability, moral ability and physical ability.

キーワード キャンプ活動, 性別, 学校段階, キャンプ満足度, リーダー養成

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