

研究資料

アジアサッカー育成年代選手の競技力向上に関する研究  
—カンボジアフットボールアカデミー選手の実態調査から—  
Development of Competitive Ability of Football Players, a Survey on  
Cambodian Football Academy Players

松山 博明<sup>1)</sup>                      松竹 貴大<sup>2)</sup>                      土屋 裕睦<sup>3)</sup>  
Hiroaki Matsuyama<sup>1)</sup>   Takahiro Matsutake<sup>2)</sup>   Hironobu Tsuchiya<sup>3)</sup>

Abstract

Time ratio of training provided to young Cambodian football players approximately during one year was investigated. Training was conducted by football coaches dispatched from Japan as a part of the JFA Dream Asia Project. The physical assessment of players' competitive abilities according to the JFA physical scores, and the Diagnostic Inventory of Psychological-Competitive Ability for Athletes (DIPCA-3) were analyzed. Results indicated (1) a larger proportion of time was spent on technical and tactics training compared to five other types of training classified by the Cambodian Academy; (2) a significant improvement was observed as a result of continuous training in 9 out of 14 JFA physical scores; and (3) Cambodian players scored significantly higher on DIPCA-3 than Japanese players in 7 of 12 items. However, the scores in the third measurement period were lower than in the first. Therefore, it is suggested that these results were a temporary effect of efforts by the Cambodian Football Academy. These include active provision of international experiences to players through official games and overseas camps that are designed to a develop winning mentality.

キーワード アジア貢献事業, カンボジア, 育成年代, トレーニング

Asian contribution business, Cambodia, Developmental period, training

1. はじめに

公益財団法人日本サッカー協会 (Japan Football Association: 以下 JFA とする) は、アジア近隣諸国や地域との交流を目的に、アジア貢献事業の一環で、アジアサッカー発展のために人材の活発な交流を行っている。その一つにコーチや審判員を養成するための指

導者としてチーム審判インストラクターなどの人的支援・知的支援などのプログラムを提供し、アジア間での共存共栄を目指している取り組みがある (JFA, 2013)。アジア貢献事業とは、サッカーを通して子どもたちに明るい未来を与え、アジアサッカーの普及と発展につなげていきたいと考えており、47の国と

1) 大阪体育大学大学院

*Osaka University of Health and Sport Science*

2) 筑波大学大学院

*Tsukuba university*

3) 大阪体育大学

*Osaka University of Health and Sport Science*